

# Our hearts are with Texas

If you have been impacted by this disaster, the Equality Health Foundation stands ready to support you and your family.



Whether you need help, or want to help, please see the list of organizations below.

## Community Foundations and Relief Funds

- Community Foundation of the Texas Hill Country has established the [Kerr County Flood Relief Fund](#) to support Hunt, Ingram, Kerrville, Center Point, and Comfort nonprofit organizations, first responder agencies, and local governments involved in the response to the flooding, relief efforts, and recovery efforts.
- The San Angelo Area Foundation has established the [San Angelo Disaster Relief Fund](#), which will provide financial support to flood victims in San Angelo and surrounding areas. The San Angelo Area Foundation is also working closely with local organizations to provide assistance to those in need.
- [TEGNA Texas Flood Relief Fund](#) is raising money to support both the ongoing and long-term response to the recent flash floods across Central Texas. TEGNA owns more than a dozen news brands in Texas, including WFAA in North Texas, and together, these stations are harnessing their reach to raise funds for those impacted.
- The [Greater Houston Community Foundation](#) has compiled a list of vetted nonprofits providing emergency aid, shelter, food, mental health support, and long-term recovery. Their fundholders can recommend a grant through their donor-advised fund—our team is ready to help you make an immediate impact.

## Nonprofit Organizations

- [Convoy of Hope](#) is going to Central Texas with team members and relief supplies to support evacuees and survivors. You can support its Crisis Relief Fund.

- [Embrace Relief](#) is working closely with local authorities to provide victims of the flooding with the necessities they need during this difficult time. Its Texas Flood Relief Fund will support families with food, water, clothing, and more
- [Kerrville Pets Alive](#) is actively working to help pets that were separated from their owners during the flooding.
- [Austin Pets Alive](#) is also supporting the effort, and both are in need of volunteers, supplies, and donations.
- [Mercy Chefs](#) has deployed a team to the Hill Country to provide meals to first responders and volunteers working in search and rescue efforts.
- [Salvation Army \(Salvation Emergency Disaster Services\)](#) – Salvation Army is the official volunteer coordinator for the disaster response in the area. You can donate toward these efforts, which support the volunteers, first responders, and the needs of those impacted by the flooding.
- [Texans on a Mission](#), formerly Texas Baptist Men, has deployed chaplains to the area to provide emotional support. They will also deploy teams to the area to assist with cleanup and more.
- [TEXSAR](#), a nonprofit that works with emergency response, sending swiftwater rescue teams, search dogs, boats, and drones to the Hill Country.
- [The United Methodist Committee on Relief \(UMCOR Rio Texas Response\)](#) is deploying groups to assist flood victims with supplies and sending its Emergency Response Teams to aid with cleanup.
- [World Central Kitchen](#) has activated in Central Texas and is serving meals.

## Grief and Trauma Support

- Substance Abuse and Mental Health Services Administration (SAMHSA) – [Disaster Distress Helpline](#)– Call (800) 985-5990 or text 988 to connect with a trained mental health professional, 24 hours a day, seven days a week.
- Meadows Mental Health Policy Institute – The Trauma and Grief Center at the Meadows Mental Health Policy Institute created an [overview handout](#) to help parents and caregivers support children in the aftermath of a natural disaster.
- National Child Traumatic Stress Network – [Childhood Traumatic Grief](#).
- *D Magazine* put together [a resource guide for talking to children about tragedies](#), which includes a number of free counseling services and resources from Children's Health, the Momentous Institute, and more.